

Centre for Integrative Medical Training
In Association with London Integrated Medical Health Education



Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Unit 48

Therapeutic Pointers for Week 4

Gynae Therapeutics: Conditions of the Vulva



Watch the presentation by Dr Mollie Hunton
'Homeopathy and Inflammatory Gynae Conditions in Primary Care'



Pruritus vulvae

The causes of vulval itch are manifold ranging from anxiety, depression, infections, mechanical irritation, oestrogen deficiency to atrophic changes.

Depending on the history, symptoms and contexts provided by the patient you may choose to treat on the basis of a systemic aetiology, a constitutional picture, or alternatively a causal local treatment may be more indicated.

Rubrics

FEMALE GENITALIA/SEX - ITCHING - Vulva
FEMALE GENITALIA/SEX - ITCHING - burning - vulva

Some Remedies

Copavia officinalis (Balsam of Copavia)

- itching with bloody purulent discharge
- profuse strong smelling leucorrhea

Caladium

- intense vulval itch

Look at the female paragraphs for the following remedies and make some notes below:

Zincum met.

Borax

The use of nosodes is particularly useful when the patient suffers from recurrent infections particularly where there is a known pathological relationship with a certain organism eg.

Candida nosode
Trichomonas nosode

Bacillus No 10.

Where there is evidence of a wider dysbiosis, particularly with longstanging GI symptoms.

Consider the use of vaginal pre-biotics where vulval pruritis is a superficial symptom of vaginosis.

Bartholinitis

Rubrics

FEMALE GENITALIA/SEX - INFLAMMATION - Labia

Some Remedies

Sulphur, Hepar sulphuris, Apis, Sepia, Gunpowder

You are already familiar with these remedies. To refresh your memory, look at the female paragraphs for each in your materia medica.

Chronic Bartholinitis, where there is local scarring acting as a focus for reinfection and cyst formation: these cases sometimes require surgical intervention ('marsupialisation') - with homeopathy used mainly as an adjunct. Nevertheless, careful prescribing can ensure rapid and un-complicated recovery and reduce the risk of local post-operative infection.



Herpes vulvae

Rubrics

FEMALE GENITALIA/SEX - ERUPTIONS - herpetic

Remedies

Natrium muriaticum

Croton tiglium (Croton Oil Seed)

- pustular vesicular eruptions especially of the genitals
- antidote for Rhus toxicodendron poisoning

Herpes nosode

Sarracenia p.

